

# Former Toastmasters

and what they say about us:



*Find the right words, and your audience will find you!*

## Peter Coors

Chairman of the Board  
Molson Coors Brewing Company

*"As my career grew with the company, I needed to develop my communication skills more and more... I've learned a great deal about speaking and listening and now realize the importance of the overall program. For me, it took getting into a formal organization – such as Toastmasters – to understand what total communication is all about."*

## Debbi Fields Rose

Founder – Mrs. Fields Cookies

*"I'd never thought of myself as a great communicator, and that's one of the reasons I got involved [in Toastmasters]. The idea of getting in front of a group, not as Mrs. Fields but really as Debbi, made my knees shake, and I'd get all dry-mouthed. But the Toastmasters group understood. Here's a place where you can learn, grow, develop – and where other people are doing and feeling the same thing."*

## Chris Matthews

Host of MSNBC's *Hardball with Chris Matthews* and *The Chris Matthews Show*; author and journalist

*"Toastmasters changed my life. They really did. Put me on the stage. I don't know what I would have done without that positive boost."*

## Linda Lingle

Governor of Hawaii

*"Toastmasters is the best and least expensive personal improvement class you can go to. Anybody who begins and sticks with it for any length of time ends up a better speaker. As a result, they build confidence, and are able to do their jobs better."*



**Confidence.**  
**The voice of leadership.**

**Become the speaker and leader you want to be.**

**TOASTMASTERS**  
INTERNATIONAL

# Our mission,

to help you shape your future.



## Better Communication

### Your best ideas deserve your best words.

By learning to effectively formulate, express and sell your ideas to others, you open a whole new world of career possibilities. You'll be more persuasive and confident when giving presentations. You'll even improve your one-on-one interactions with others. Want to be better at negotiating your salary with your boss? Networking at business functions? Pitching prospective clients? Motivating coworkers – or your kids?

### Toastmasters can help!

Even experienced speakers can benefit from our proven training programs. In a Toastmasters club, you'll learn to relax, plan and present a terrific speech – whether you have 10 days to prepare or just 10 seconds. You'll learn to listen effectively, think on your feet and speak confidently in a wide range of situations. Best of all, you'll practice in a friendly, supportive environment with people who are there for the same reasons you are – to become better communicators and leaders.

*Since 1924, Toastmasters International has helped millions of men and women become more confident in front of an audience. Our network of clubs and their learn-by-doing program are sure to help you become a better speaker and leader. Why pay thousands of dollars for a seminar when you can join a Toastmasters club for a fraction of the cost and have fun in the process?*

## Creating Leaders

### Good leaders are good communicators.

Leadership is the art of persuading others to do what you wish to be done. To do so, you need to communicate and you need to work as a team. In a Toastmasters club, you'll do both; and you'll find out how to vary your approach to suit the needs of different people, whether they're the audience for a speech or the committee for a fundraiser. Whatever goals you wish to achieve in life, they will be realized quicker and easier by improving your ability to lead.

### What's in it for you?

Confident, charismatic leaders weren't born that way. In Toastmasters you'll gain the practice to become the leader and speaker you want to be. Become a better negotiator. Gain trust. Sharpen your management skills. Inspire your team. Be decisive!

***Your potential is limited only by how many excuses you have.***



## Joining a club is easy!

With more than 260,000 members in over 12,500 clubs in 113 countries, you're sure to find a club near you. For a list of clubs in your area, simply visit [www.toastmasters.org](http://www.toastmasters.org) or e-mail us at [tminfo@toastmasters.org](mailto:tminfo@toastmasters.org). Each club has its own personality. Visit several clubs to find one that best matches yours!

### Local contact information: